

Welcome to the JUNE edition of the Base Seattle Work-Life Monthly "News Bullets". See a topic and click on the link or contact the POC to learn more!

- **Meet our new Family Advocacy Specialist (FAS)!** Please welcome Ms. Kristen Hutcheson who joined the Work-Life staff and will be working with Mr. Troy Olson to manage all family advocacy cases. Together they will assist commands and families. Contact Ms. Hutcheson directly at (206) 217-6608 or [Kristen.S.Hutcheson@uscg.mil](mailto:Kristen.S.Hutcheson@uscg.mil). For more information on FAS programs, check <http://cglink.uscg.mil/SeattleWorkLife>.
- **FREE MONEY for PCS Child Care** from Coast Guard Mutual Assistance! Available to Active Duty members and Active Duty for Operational Support (ADOS) Reserve members (E6 and below, O1, O2). Apply online at <https://www.cgmahq.org/programs/pcsChildcare.html>. For more child care resources, contact Ms. Kelly Smitherman at (503) 861-6242 or [Kelly.M.Smitherman@uscg.mil](mailto:Kelly.M.Smitherman@uscg.mil)
- **Are you a sponsor?** You can find training and resources to assist with your sponsorship role on the Work-Life website <https://www.dcms.uscg.mil/Our-Organization/Director-of-Operational-Logistics-DOL/Bases/Base-Seattle/Transition-Assistance/>. For more information, contact Ms. Heather Miles at (206) 217-6674 or [Heather.M.Miles@uscg.mil](mailto:Heather.M.Miles@uscg.mil).
- **Seeking Elder Care Resources?** Need assistance locating resources for elderly parents or grandparents? Find national elder care resources tailored to specific locations at [www.eldercare.gov](http://www.eldercare.gov). For more information, contact Ms. May Chao at (206) 217-6786 or [may.chao@uscg.mil](mailto:may.chao@uscg.mil).
- **Get Home Safe** With the free Circle of 6 mobile app, in just 2 taps you can quickly and easily reach 6 people in your circle. Send a discreet text to your "circle" along with your GPS coordinates for help or assistance. <https://www.circleof6app.com/>. For more information contact Ms. Jennifer Parrish at (206) 217-6675 or [Jennifer.M.Parrish@uscg.mil](mailto:Jennifer.M.Parrish@uscg.mil).
- **Saving for College?** Here you will find a step-by-step guide to opening a 529 college savings plan, information and resources about paying for college <https://www.savingforcollege.com/article/how-to-open-a-529-plan>. For additional family financial questions, contact Ms. Angela LeMaster at (206) 217-6615 or [angela.d.lemaster@uscg.mil](mailto:angela.d.lemaster@uscg.mil)

V/r,  
Your Work-Life Staff

Work-Life Web Site:  
<http://cglink.uscg.mil/SeattleWorkLife>

Work-Life Web Site From Home:  
<https://www.dcms.uscg.mil/Base-Seattle/Work-Life>