

Retiree Update 25 September 2014

**BASE NEW ORLEANS RETIREE COUNCIL SCHEDULED MEETING
15 OCTOBER (3RD WEDNESDAY)
BASE NEW ORLEANS, 1790 SATURN BLVD, NEW ORLEANS
1030 TO 1130 AND REMAIN FOR LUNCH
(Grilled NY Strip, Twice Baked Potatoes, Sauteed Asparagus)
Don't have to be a member, everyone is invited...including spouses**

Due to the overwhelming response, TRICARE and Military OneSource are co-hosting an additional TRICARE For Life webinar. This webinar will review the TRICARE For Life health plan and how it works with Medicare. The webinar will take place on Thursday, Sept. 25, 2014, from 1-2 p.m. EST. To sign up, go to <https://www2.gotomeeting.com/register/648004914>. Registration is on a first-come, first-served basis and is limited due to system capacity.

For more information, visit www.tricare.mil/TFL EncoreWebinar091514

The **TRICARE** Beneficiary Publications Office has updated several **facts sheets**:

Covered Services Fact Sheet

http://www.tricare.mil/~media/Files/TRICARE/Publications/FactSheets/Cvrd_Svcs_FS.pdf

Continued Health Care Benefit Program Fact Sheet

http://www.tricare.mil/~media/Files/TRICARE/Publications/FactSheets/CHCBP_FS.ashx

TRICARE Choices: At a Glance Brochure

http://tricare.mil/~media/Files/TRICARE/Publications/BrochuresFlyers/Choices_Glance_BR.pdf

TRICARE Overseas Program: At a Glance Brochure

http://tricare.mil/~media/Files/TRICARE/Publications/BrochuresFlyers/O_AtGlance_BR.pdf

TAKE A PHOTO JOURNEY THROUGH THE UNITED STATES COAST GUARD'S 225 YEAR HISTORY

The Day, in collaboration with The National Coast Guard Museum, announces a hardcover pictorial book chronicling the United States Coast Guard's history. "Respect the past, engage the present, look to the future" captures the proud heritage of this branch of service from its inception to the building of The National Coast Guard Museum and beyond.

The 11 core missions of the United States Coast Guard will be represented and may include: Famous Rescues · Natural Disasters · Marine Safety · Ice Operations · Environmental Protection · Defense · Stewardship · Lighthouse And Light Stations · Shipwrecks · Fisheries · Research & Development

Order Your Book Today! <<http://coastguardmuseum.us3.list-manage.com/track/click?u=ff030ecd3c12a4bc47bdfa914&id=32b265a139&e=17946d7143>>

A portion of proceeds will go to support the National Coast Guard Museum Association, Inc., The Coast Guard Foundation, and the Coast Guard Academy Alumni Association. Learn more at: <http://www.theday.com/Assets/images/email/clients/mkt0371/sponsors.gif>

Do you know what the VA National Cemetery Administration offers?

Burial and Memorial Benefits

- Burial Benefits <<http://www.cem.va.gov/bbene/>>
- Schedule a Burial <<http://www.cem.va.gov/bbene/need.asp>>
- Headstones, Markers and Medallions <http://www.cem.va.gov/hm_hm.asp>
- Presidential Memorial Certificates <<http://www.cem.va.gov/pmc.asp>>
- Eligibility for Benefits <<http://www.cem.va.gov/bbene/eligible.asp>>
- Women and Minority Veterans
<http://www.cem.va.gov/Women_and_Minority_Veterans.asp>

The Department of Veterans Affairs (VA) today announced that it is introducing a **uniformed disability claims form** to better serve Veterans, families and survivors. Standardizing the process by which Veterans file claims and initiate appeals will make it easier for Veterans and their survivors to clearly state what benefits they are seeking from VA and provide information that is necessary to process their claims and appeals.

The new forms eliminate applicant guesswork, which often leads to delays in decisions and ultimately delays in receiving benefits. The new regulations go into effect in late March 2015.

For more information see:

<http://www.va.gov/opa/pressrel/pressrelease.cfm?id=2634>

The **Veterans History Project** of the American Folklife Center collects, preserves, and makes accessible the personal accounts of American war veterans so that future generations may hear directly from veterans and better understand the realities of war.

Stories can be told through personal narrative, correspondence, and visual materials. The Project collects first-hand accounts of U.S. Veterans from the following wars:

- World War I (1914-1920)
- World War II (1939-1946)
- Korean War (1950-1955)
- Vietnam War (1961-1975)
- Persian Gulf War (1990-1995)
- Afghanistan and Iraq conflicts (2001-present)

In addition, those U.S. citizen civilians who were actively involved in supporting war efforts (such as war industry workers, USO workers, flight instructors, medical volunteers, etc.) are also invited to share their valuable stories.

How did the Veterans History Project start?

The United States Congress created the Veterans History Project in 2000. The authorizing legislation (Public Law 106-380 <<http://www.gpo.gov/fdsys/pkg/PLAW-106publ380/pdf/PLAW-106publ380.pdf>>), sponsored by Representatives Ron Kind, Amo Houghton, and Steny Hoyer in the U.S. House of Representatives and Senators Max Cleland and Chuck Hagel in the U.S. Senate, received unanimous support and was signed into law by President William Jefferson Clinton on October 27, 2000.

AARP is the founding corporate sponsor of the Veterans History Project. In addition to providing initial major funding for the Project, AARP also spread the word to its legion of volunteers and almost 37 million members, encouraging them to get involved. Numerous state chapters have also been involved in the Project.

Department of Veterans Affairs Secretary Robert McDonald said he plans to launch a **new digital services team** in the agency to help winnow down its numerous websites as part of a plan to improve the services VA delivers to veterans. During a press conference 8 SEP, McDonald decried the large number of often confusing websites the agency currently operates and said the website winnowing would take place between now and November. “Right now, if you go to any Veterans Affairs website, you'll find that there are 14 different websites that require a different username and a different password for veterans to access the VA,” McDonald said. “That's just flat wrong. We've got to make it easier for the veteran to access the VA through one website, one username, one password.”

Fever? Check. Muscle aches? Check. Chills? It's almost flu and cold season beneficiaries, and in order to make sure these flu symptoms don't ruin your Fall, the best way to protect yourself is with the **flu vaccination**. Influenza, also known as the flu, is a contagious respiratory illness caused by influenza viruses... TRICARE covers two forms of the flu vaccination, the flu shot and the flu mist. Beneficiaries can get the flu vaccine at no cost from military hospitals and clinics, or any TRICARE-authorized provider and participating network pharmacies.

To Locate a Participating Network Pharmacy Near You Search by ZIP code or enter a street address to find a participating pharmacy
<https://host1.medcohealth.com/medco/consumer/mybenefits/medPPOEntry.jsp?memtype=tricare&accessLink=TRICARE>

Legend:

(MAD) = Military Appreciation Day

SD = Stand Down

TH = Town Hall

*** = Tentative Date(s)**

@ = Registration\RSVP Required For Some Events. Check Website>Contact Sponsor

Event Location (State\Country) Dates RAO\RSO\Sponsor Phone #

ALABAMA

[\(RAD\) Redstone Arsenal](#) **18-20 Sep** 256-876-2022
[Vets Stand Down - Huntsville](#) **17 Oct** 205-603-6508
[\(RAD\) Fort Rucker](#) **31 Oct** 334-255-9124

ARIZONA

[Vets Stand Down - Sahuarita](#) **28 Sep** 520-610-0498\602-568-7723
[Vets Stand Down - Solomon](#) **11 Oct** 520-610-0498\602-568-7723

ARKANSAS

[Vets Stand Down - Pocahontas](#) **23 Sep** 573-718-0811\718-1049
[Vets Stand Down - Paragould](#) **25 Sep** 573-718-0811\718-1049
[Vets Stand Down - Fayetteville](#) **23 Oct** 479-444-5065
[Vets Stand Down - No. Little Rock](#) **05 Nov** 501-257-4499\257-4388

COLORADO

[\(MAD\) Colorado Springs](#) **26 Sep** 719-622-9622
[\(MAD\) Colorado Springs](#) **24 Oct** 719-622-9622
[Vets Stand Down - Grand Junction](#) **30 Oct** 970-263-2800 x2723\260-9230
[Vets Stand Down - Denver](#) **06 Nov** 303-914-5961\914-5750
[Vets Stand Down - Durango](#) **15 Nov** 505-503-5950

IDAHO

[\(RAD\) Lewiston Armory@](#) **19 Sep** 866-482-7343\208-272-5755
[Agent Orange TH - Coeur d'Alene](#) **20 Sep** 360-815-6721
[\(RAD\) Twin Falls Armory@](#) **24 Sep** 866-482-7343\208-272-5755
[\(RAD\) Pocatello Armory@](#) **25 Sep** 866-482-7343\208-272-5755
[\(RAD\) Idaho Falls Armory@](#) **26 Sep** 866-482-7343\208-272-5755
[Vets Stand Down - Boise](#) **27 Sep** 208-577-2310\272-4408
[Vets Stand Down - Pocatello](#) **25 Oct** 208-241-6635\406-439-6331

ILLINOIS

[Vets Stand Down - Rock Island](#) **18-20 Sep** 309-269-2012\563-370-1779
[Vets Stand Down - Marion](#) **23 Sep** 813-997-5311 x72303

(RAD) Scott AFB	26-27 Sep	618-256-5092
Vets Stand Down - Peoria	11 Oct	217-554-5676\554-5679
(RAD) Rock Island Arsenal@	25 Oct	563-508-5123\563-445-0191
Vets Stand Down - Decatur	14 Nov	217-554-5679

INDIANA

Vets Stand Down - Muncie	26 Sep	260-426-5431 x72156
Vets Stand Down - South Bend	29 Sep	260-426-5431 x72156
Vets Stand Down - Marion	03 Oct	260-426-5431 x72156
Vets Stand Down - Anderson	17 Oct	505-503-5950
Vets Stand Down - Churubusco	18 Oct	405-456-1710
Vets Stand Down - Bloomington	23 Oct	812-332-7292
Vets Stand Down - Jeffersonville	05 Nov	502-287-4000 x54176
Vets Stand Down - Kokomo	07 Nov	260-426-5431 x72156
Vets Stand Down - Lafayette	08 Nov	217-554-5679
Vets Stand Down - Richmond	13 Nov	937-268-6511 x1267
Vets Stand Down - Terre Haute	15 Nov	812-298-9455
Vets Stand Down - Fort Wayne	21 Nov	260-426-5431 x72156

IOWA

Vets Town Hall - Iowa City	17 Sep	319-339-7104
Vets Benefits Fair - Marshalltown	17 Sep	641-754-6335
Vets Open House - Van Meter	01 Nov	515-993-5809
Veterans Day Banquet - Riverside	09 Nov	319-321-1387

KANSAS

Vets Town Hall - Leavenworth	18 Sep	913-682-2000\800-952-8387
(RAD) Fort Riley	24 Oct	785-239-3320
(RAD) Fort Leavenworth	25 Oct	913-684-5583\2425

KENTUCKY

(RAD) Fort Campbell	27 Sep	270-798-5280\3310
Vets Stand Down - Paducah	30 Sep	813-997-5311 x72303
Vets Stand Down - Louisville	08 Oct	502-287-4000 x54176
Vets Stand Down - Bellevue	10 Oct	513-977-6811
Vets Stand Down - Lexington	16 Oct	228-523-4199\850-912-2268

[\(RAD\) Fort Knox \(31Oct-01Nov\)](#) 31Oct 502-624-4641\4315\1765

LOUISIANA

[Vets Stand Down - Shreveport](#) **24 Oct** 318-221-8411 x4404\990-4401

[\(RAD\) Fort Polk](#) **25 Oct** 337-531-0402

[Vets Stand Down - New Orleans](#) **25 Oct** 985-690-6917\504-412-3735

MISSISSIPPI

[Vets Stand Down - Biloxi](#) **16 Oct** 701-852-0177

MISSOURI

[Vets Stand Down - Farmington](#) **18 Sep** 573-718-0811\718-1049

[Vets Stand Down - Springfield](#) **23 Sep** 479-443-4301 x5143\444-5065

[Vets Stand Down - Cape Girardeau](#) **03 Oct** 573-651-3747\718-1049

[\(RAD\) Whiteman AFB](#) **04 Oct** 660-687-6457\800-303-5608

MONTANA

[Agent Orange Town Hall - Kalispell](#) **21 Sep** 360-815-6721

[Vets Stand Down - Great Falls](#) **02 Oct** 573-718-1049\406-874-5617

[Vets Stand Down - Libby](#) **04 Oct** 406-756-7304\509-462-2500

[Vets Stand Down - Billings](#) **16 Oct** 406-439-6331

[Vets Stand Down - Fort Belknap](#) **16 Oct** 406-945-3347\859-233-4511

[Vets Stand Down - Helena](#) **18 Oct** 406-465-9504\874-5617

NEBRASKA

[\(RAD\) Offutt AFB](#) **19 Oct** 402-294-4566\2590

NEVADA

[Vets Stand Down - Las Vegas](#) **01 Oct** 702-791-9000 x15445\x15822

NEW MEXICO

[Vets Stand Down - Carlsbad](#) **26 Sep** 505-503-5950

[Vets Stand Down - Artesia](#) **27 Sep** 505-503-5950

[Vets Stand Down - Farmington](#) **11 Oct** 505-503-5950

[Vets Stand Down - Albuquerque](#) **16 Oct** 406-874-5617\657-6071 x2322

NORTH DAKOTA

[\(RAD\) Grand Forks AFB](#) **27 Sep** 701-747-4899

[Vets Stand Down - Minot](#) **16 Oct** 216-224-5454\203-2855

OHIO

[Vets Stand Down - Chillicothe](#) **26 Sep** 740-773-1141 x6477

[Vets Stand Down - Columbus](#) **21 Oct** 971-645-2226

[Vets Stand Down - Lorain](#) **24 Oct** 919-286-0411

[\(RAD\) Wright-Patterson AFB](#) **24 Oct** 937-257-3221

OKLAHOMA

[\(RAD\) Fort Sill](#) **18-20 Sep** 580-442-2645

[Vets Stand Down - Tulsa](#) **20 Sep** 918-574-1454\610-2015

[Sooner Stand Down - Oklahoma City](#) **17 Oct** 405-456-1710

TENNESSEE

[Vets Stand Down - Memphis](#) **18 Sep** 901-523-8990 x7085\523-8990

[Vets Town Hall - Nashville](#) **22 Sep** 615-327-4751\615-873-7734

[Vets Town Hall - Chattanooga](#) **24 Sep** 615-327-4751\615-873-7734

[Vets Stand Down - Knoxville](#) **11 Oct** 423-926-1171 x7910

[PTSD Town Hall - Blountville](#) **23 Oct** 423-926-1171

[Vets Stand Down - Memphis](#) **25 Oct** 901-864-9516\523-8990 x7085

[Vets Stand Down - Nashville](#) **05 Nov** 615-330-5728

TEXAS

[Vets Stand Down - El Paso](#) **19 Sep** 915-238-3132\487-8753

[\(RAD\) Fort Bliss](#) **27 Sep** 915-569-6233\568-5204

[\(RAD\) Fort Sam Houston](#) **27 Sep** 210-221-9004\0953

[Vets Stand Down - Houston](#) **03 Oct** 713-791-1414 x3672

[\(RAD\) JB Ellington Field-Houston](#) **11 Oct** 210-221-9004

[Vets Stand Down - Austin](#) **24 Oct** 907-273-4051

[\(RAD\) Fort Hood \(31Oct-01Nov\)](#) **31Oct** 254-287-5210

[Vets Stand Down - Dallas](#) **07 Nov** 214-467-1864

[Vets Stand Down - San Antonio](#) **07 Nov** 210-616-9915\354-4892

[Vets Stand Down - Fort Worth](#) **19 Nov** 972-898-0159

[Buffalo Gap MAD - Abilene](#) **21 Dec** 325-572-3365

WISCONSIN

[Vets Stand Down - Milwaukee](#) **20 Sep** 414-342-2213

[Vets Benefits Expo - Burlington@](#) **09 Oct** 1-800-947-8387

[Vets Stand Down - Racine](#) **11 Oct** 414-384-2000

[Vets Stand Down - Madison](#) **01 Nov** 608-256-1901

[Vets Stand Down-Wisconsin Rapids](#) **05 Nov** 608-372-3971 x3971