

*Annual*  
**WATER  
QUALITY  
REPORT**

*Reporting Year 2012*



*Presented By* \_\_\_\_\_  
**Otis Air National  
Guard Base**

**PWS ID#: MA4096001**

## There When You Need Us

We are once again proud to present our annual water quality report covering all testing performed between January 1 and December 31, 2012. Over the years, we have dedicated ourselves to producing drinking water that meets all state and federal standards. We continually strive to adopt new methods for delivering the best-quality drinking water to you. As new challenges to drinking water safety emerge, we remain vigilant in meeting the goals of source water protection, water conservation, and community education while continuing to serve the needs of all our water users.

Please remember that we are always available to assist you should you ever have any questions or concerns about your water.

## Community Participation

On-base residents are also invited to raise any questions or concerns regarding drinking water at the Air Station Cape Cod community meeting. The date and time of this annual event will be posted in the Otis Notice.

## Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or <http://water.epa.gov/drink/hotline>.

## Substances That Could Be in Water

To ensure that tap water is safe to drink, the Department of Environmental Protection (DEP) and the U.S. Environmental Protection Agency (U.S. EPA) prescribe regulations limiting the amount of certain contaminants in water provided by public water systems. The Food and Drug Administration (FDA) and Massachusetts Department of Public Health (DPH) regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

**Microbial Contaminants**, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

**Inorganic Contaminants**, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

**Pesticides and Herbicides**, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses;

**Organic Chemical Contaminants**, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and which may also come from gas stations, urban stormwater runoff, and septic systems;

**Radioactive Contaminants**, which can be naturally occurring or may be the result of oil and gas production and mining activities.

More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

## The Benefits of Fluoridation

Fluoride is a naturally occurring element in many water supplies in trace amounts. In our system, the fluoride level is adjusted to an optimal level averaging one part per million (ppm) to improve oral health in children. At this level, it is safe, odorless, colorless, and tasteless. There are over 3.9 million people in 140 Massachusetts water systems and 184 million people in the U.S. who receive the health and economic benefits of fluoridation.

## Where Does My Water Come From?

Our drinking water supply is provided entirely by groundwater. J-Well, which is located on Herbert Road, is our primary pumping station. We are also connected to the Upper Cape Regional Water Supply Cooperative. The Cooperative's water sources come from three wells located in the northeastern corner of the Massachusetts Military Reservation (MMR). On average, we provide up to 300,000 gallons of high-quality water every day. All of the Otis public water supply is drawn from the Sagamore Lens of the Cape Cod single-source aquifer. This lens runs from the Cape Cod Canal eastward into the town of Yarmouth. To learn more about our watershed on the Internet, go to the U.S. EPA's Surf Your Watershed Web site at <http://cfpub.epa.gov/surf/locate/index.cfm>.

## Lead in Home Plumbing

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water, but we cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at [www.epa.gov/safewater/lead](http://www.epa.gov/safewater/lead).

## Tap vs. Bottled

Thanks in part to aggressive marketing, the bottled water industry has successfully convinced us all that water purchased in bottles is a healthier alternative to tap water. However, according to a four-year study conducted by the Natural Resources Defense Council, bottled water is not necessarily cleaner or safer than most tap water. In fact, about 25 percent of bottled water is actually just bottled tap water (40 percent, according to government estimates).

The Food and Drug Administration is responsible for regulating bottled water, but these rules allow for less rigorous testing and purity standards than those required by the U.S. EPA for community tap water. For instance, the high mineral content of some bottled waters makes them unsuitable for babies and young children. Furthermore, the FDA completely exempts bottled water that's packaged and sold within the same state, which accounts for about 70 percent of all bottled water sold in the United States.

People spend 10,000 times more per gallon for bottled water than they typically do for tap water. If you get your recommended eight glasses a day from bottled water, you could spend up to \$1,400 annually. The same amount of tap water would cost about 49 cents. Even if you installed a filter device on your tap, your annual expenditure would be far less than what you'd pay for bottled water.

For a detailed discussion on the NRDC study results, check out their Web site at [www.nrdc.org/water/drinking/bw/exesum.asp](http://www.nrdc.org/water/drinking/bw/exesum.asp).

## QUESTIONS?

For more information about this report, or for any questions relating to your drinking water, please call the water supply superintendent, Mr. Richard Souza, at (508) 968-4102.



## Stormwater Pollution Prevention

Stormwater discharges have been identified as a significant source of water pollution in numerous nationwide studies of water quality. Each area operated by the 102nd Intelligence Wing has been evaluated and categorized, and Best Management Practices (BMP) have been implemented at industrial areas to ensure that processes do not adversely impact any stormwater runoff. BMPs include good housekeeping practices, minimization of exposure, spill prevention measures, construction of secondary containment structures, management of stormwater runoff, and employee training. For the 102nd, mandatory quarterly visual monitoring is conducted at each outfall area. The results of these examinations have not shown any detrimental effects on the quality of stormwater from the activities conducted by the 102nd.

## What Are PPCPs?

When cleaning out your medicine cabinet, what do you do with your expired pills? Many people flush them down the toilet or toss them into the trash. Although this seems convenient, these actions could threaten our water supply.

Recent studies are generating a growing concern over pharmaceuticals and personal care products (PPCPs) entering water supplies. PPCPs include human and veterinary drugs (prescription or over-the-counter) and consumer products, such as cosmetics, fragrances, lotions, sunscreens, and household cleaning products. Over the past five years, the number of U.S. prescriptions increased 12 percent to a record 3.7 billion, while nonprescription drug purchases held steady around 3.3 billion. Many of these drugs and personal care products do not biodegrade and may persist in the environment for years.

The best and most cost-effective way to ensure safe water at the tap is to keep our source waters clean. Never flush unused medications down the toilet or sink. Instead, check to see if the pharmacy where you made your purchase accepts medications for disposal, or contact your local health department for information on proper disposal methods and drop-off locations. You can also go on the Web at [www.Earth911.com](http://www.Earth911.com) to find more information about disposal locations in your area.

## What's a Cross-connection?

Cross-connections that contaminate drinking water distribution lines are a major concern. A cross-connection is formed at any point where a drinking water line connects to equipment (boilers), systems containing chemicals (air conditioning systems, fire sprinkler systems, irrigation systems), or water sources of questionable quality. Cross-connection contamination can occur when the pressure in the equipment or system is greater than the pressure inside the drinking water line (backpressure). Contamination can also occur when the pressure in the drinking water line drops due to fairly routine occurrences (main breaks, heavy water demand), causing contaminants to be sucked out from the equipment and into the drinking water line (backsiphonage).

Outside water taps and garden hoses tend to be the most common sources of cross-connection contamination at home. The garden hose creates a hazard when submerged in a swimming pool or when attached to a chemical sprayer for weed killing. Garden hoses that are left lying on the ground may be contaminated by fertilizers, cesspools, or garden chemicals. Improperly installed valves in your toilet could also be a source of cross-connection contamination.

Community water supplies are continuously jeopardized by cross-connections unless appropriate valves, known as backflow prevention devices, are installed and maintained. We have surveyed all industrial, commercial, and institutional facilities in the service area to make sure that all potential cross-connections are identified and eliminated or protected by a backflow preventer. We also inspect and test each backflow preventer to make sure that it is providing maximum protection.

For more information, review the Cross-Connection Control Manual from the U.S. EPA's Web site at <http://water.epa.gov/infrastructure/drinkingwater/pws/crossconnectioncontrol/index.cfm>. You can also call the Safe Drinking Water Hotline at (800) 426-4791.

## How Is My Water Treated and Purified?

Our drinking water is treated with potassium carbonate, sodium fluoride, and sodium hypochlorite. The water in this geographic area is naturally acidic, with an average pH of 5.9 (7.0 is neutral). Acidic water can be harmful to the distribution system. Potassium carbonate is used to buffer the water to as close to a neutral pH as possible. At the request of the U.S. Coast Guard, owner and operator of the family housing area, sodium fluoride is added to the water. This compound has proven effective in strengthening teeth. Finally, sodium hypochlorite is used to disinfect the water supply by killing bacteria.

## Fact or Fiction

Water treatment began as a way to remove disease-causing agents. *(Fiction: It was only in the 1950s that scientists began to suspect that water might carry diseases. Although earlier treatment of water could make the water safer, it was mainly done merely to improve the taste, smell, or appearance of the water.)*

About half of the world's water supply is available for drinking. *(Fiction: If all the world's water were fit into a gallon jug, the fresh water available for us to use would equal only about one tablespoon.)*

Due to its unique nature, water boils at the same temperature anywhere on the planet. *(Fiction: At sea level, water boils at 212 degrees Fahrenheit, but on top of Mt. Everest, water boils at 154 degrees.)*

Water regulates the temperature of the Earth. *(Fact: As in the human body, the water in our oceans, lakes, and streams plays a major role in regulating planetary temperatures.)*

The Mississippi River is longer than the Amazon River. *(Fiction: At 3,902 miles the Mississippi River is not as long as the Amazon River, which flows for 4,000 miles.)*

Forty trillion gallons of water a day are carried in the atmosphere across the United States. *(Fact: Forty percent of the atmosphere's moisture content falls as precipitation each day.)*

## Sampling Results

During the past year, we have taken numerous water samples in order to determine the presence of any radioactive, biological, inorganic, volatile organic, or synthetic organic contaminants. The tables below show only those contaminants that were detected in the water. Although all of the substances listed here are under the Maximum Contaminant Level (MCL), we feel it is important that you know exactly what was detected and how much of the substance was present in the water.

The state requires us to monitor for certain substances less often than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included along with the year in which the sample was taken.

REGULATED SUBSTANCES							
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE
Alpha Emitters (pCi/L)	2012	15	0	1.19	1.07–1.19	No	Erosion of natural deposits
Chlorine (ppm)	2012	[4]	[4]	1.87	0.01–1.87	No	Water additive used to control microbes
Fluoride (ppm)	2012	4	4	1.1	0.25–1.1	No	Water additive that promotes strong teeth
Haloacetic Acids [HAAs] (ppb)	2012	60	NA	0.58	NA	No	By-product of drinking water disinfection
Nitrate (ppm)	2012	10	10	1.2	ND–1.2	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
TTHMs [Total Trihalomethanes] (ppb)	2012	80	NA	8.4	NA	No	By-product of drinking water disinfection

Tap water samples were collected for lead and copper analyses from sample sites throughout the community

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AL	MCLG	AMOUNT DETECTED (90TH% TILE)	SITES ABOVE AL/ TOTAL SITES	VIOLATION	TYPICAL SOURCE
Copper (ppm)	2011	1.3	1.3	0.4	0/20	No	Corrosion of household plumbing systems; Erosion of natural deposits
Lead (ppb)	2011	15	0	3	0/20	No	Corrosion of household plumbing systems; Erosion of natural deposits

UNREGULATED SUBSTANCES <sup>1</sup>				
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AMOUNT DETECTED	RANGE LOW-HIGH	TYPICAL SOURCE
Chloroform (ppb)	2012	2.86	1.14–2.86	By-product of drinking water disinfection
Sodium (ppm)	2012	7.8	6.6–7.8	Some sodium is always expected to be present in groundwater

<sup>1</sup> Unregulated contaminants are those for which the U.S. EPA has not established drinking water standards. The purpose of monitoring unregulated contaminants is to assist the U.S. EPA in determining their occurrence in drinking water and whether future regulation is warranted.

## Definitions

**90th Percentile:** Out of every 10 homes sampled, 9 were at or below this level.

**AL (Action Level):** The concentration of a contaminant that, if exceeded, triggers treatment or other requirements that a water system must follow.

**MCL (Maximum Contaminant Level):** The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

**MCLG (Maximum Contaminant Level Goal):** The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

**MRDL (Maximum Residual Disinfectant Level):** The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

**MRDLG (Maximum Residual Disinfectant Level Goal):** The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

**NA:** Not applicable

**ND (Not detected):** Indicates that the substance was not found by laboratory analysis.

**pCi/L (picocuries per liter):** A measure of radioactivity.

**ppb (parts per billion):** One part substance per billion parts water (or micrograms per liter).

**ppm (parts per million):** One part substance per million parts water (or milligrams per liter).